



TRADEWIND

VOYAGES



Destination Experiences

Hidden Gems of the Northern Med

8th May 2022 - 15th May 2022





Explore Ashore

Experience the world and the sea in all its forms on our traditional yet contemporary ship. Linking people to culture, the Tradewind Voyages experience is designed to take people on a luxury journey around the world, visiting a wide range of fabulous destinations.

At Tradewind Voyages we create a rich and varied programme of excursions for each individual voyage. Our itineraries have been carefully planned to maximise your time ashore allowing you ample opportunity to explore each destination. We use trusted and responsible local agents with inside knowledge of ports of call to help us develop memorable experiences.

Tradewind Voyages intend to:

- ≈ Provide our guests with real experiences and an insight into the everyday local life
- ≈ Capture iconic sites
- ≈ Connect with the beauty of the natural world
- ≈ Visit beautiful and remote beaches

Once On board

Should you wish to book excursions or talk about your upcoming adventures ashore visit our Destination Manager on board. You will find our Destination Services desk in the Library area and they will always be free for a chat when you see them around the ship.

All excursion booking deadlines are available from Destination Services and will be highlighted in the Golden Horizon Daily Programme. Changes to shore excursion bookings are subject to our terms and conditions.

Should you wish to book excursions and Destination Services is closed there is a 'drop box' next to the counter where you are welcome to leave your completed and signed booking form. The team will process your booking form and deliver the tickets to your cabin.

Pre-Bookings:

Coming Soon...





Diving/Watersports

As you experience the world and the sea in all its forms, why not try some of our onboard complimentary watersports activities?

Our fully qualified watersports team look forward to welcoming you to the Marina, located on Marina Deck 2Aft, access via The Spa, for all of your afloat and underwater adventures.

We offer a range of sessions for all abilities, including kayaking, stand up paddleboarding, dinghy sailing, swimming, snorkelling and windsurfing. If you are interested in diving why not book one of our taster sessions in our onboard dive pool.

We have wetsuits, buoyancy aids and snorkelling equipment in a range of sizes and styles, available to borrow for all your water sports needs. The Marina opening hours will be dependent upon each port of call, please see the daily programme for details once onboard.

Please note, diving experiences are available at an additional charge and bookable at Destination Services, Gallery Deck 3 Aft.

Your Guide to Tradewind Voyages Symbols

Each shore excursion description helps you identify your interests and choose the excursions that are best suited for you. Activity levels vary and are stated in the excursion notes. Our symbols below are here to assist in your choosing of an excursion whether it is hiking in the wilderness, exploring a city by coach or taking an adventure off the beaten track in a 4x4.



Sightseeing Excursion



Nature Excursion



Adventure Excursion



Hiking Excursion



Watersports Excursion



Opportunity to Swim



Free Time



Shopping Opportunity



Toilet Facilities



Lunch or Snack Included



Soft Drink/Refreshment/s Included



Alcoholic Refreshments Included



Small Group Excursion



Sustainability

Cancellation of Excursions

Although all our itineraries are planned in advance some unforeseen circumstances may result in itinerary changes. You can be rest assured if this happens, we will refund any pre-booked excursions that you miss, and we will work with our local shore excursion agents to prepare a new programme of excursions in place for the new port of call.





Port: Palamos, Spain

Tuesday 10th May 2022

On a visit to this Catalan fishing village, you can enjoy the buzz of a busy town, dine on tapas and wander the jumble of streets, or head out to one of the Costa Brava's many beaches. There are also a handful of hamlets nearby where you can embrace traditional life on the Spanish coast.

Peralada Castle & Cava Tasting

Port: Palamos
Tour Code: PAL/C
Duration: 4 hours
Price: £85
Departure: AM



Description:

Taste sparkling wine at the 14th-century Castle of Peralada, where Carmelite monks introduced winemaking in the Middle Ages. The excursion begins as you travel to the historic village of Peralada, in the province of Girona. Enjoy a visit to the castle, discovering the evolution of winemaking with a visit to the magnificent library and wine museum, where you'll find the tools and utensils used through the ages. End the excursion as you savour the tastes of the sparkling cava.

Excursion Notes: During your 2-hour visit, there will be moderate walking and standing, over uneven and cobbled ground. Wear flat and comfortable shoes. Guests must be over the age of 18 to participate in the cava tasting.

Eco-Snorkelling at Medes Island

Port: Palamos
Tour Code: PAL/D
Duration: 4 ½ hours
Price: £90
Departure: AM



Description:

See the best of the Mediterranean Sea on this snorkelling adventure in the Medes Island archipelago. This archipelago is a group of seven islands in the Costa Brava area and is one of the most important marine flora and fauna reserves in the western Mediterranean. Explore this natural aquarium and discover a rich variety of marine life as you snorkel with a specialist guide.

Excursion Notes: Please note the snorkelling section of this excursion will last approximately 50 minutes. The rest of the excursion is by boat. Guests must be good swimmers and be comfortable in the water. The minimum age to participate is 6 years old. Guests will be provided with the equipment. Guests should wear swimwear and a towel.

Palamos Cooking Experience

Port: Palamos
Tour Code: PAL/E
Duration: 2 ½ hours
Price: £65
Departure: AM



Description:

With the Mediterranean being renowned for its healthy diet of fish, olive oil, nuts, vegetables and herbs as staple ingredients enjoy some of the town's local flavours with this cooking demonstration. Begin with a walk to the Espai del Peix – the fish space – a venue within the fish market. Watch as a chef prepares some traditional dishes such as Octopus salad, fideuà and taste some local tapas made by yourselves.

Excursion Notes: This excursion is all on foot, guests should wear flat and comfortable shoes.





Port: Sète, France

Wednesday 11th May 2022

The maritime city of Sète is a real gem in the South of France. Boarded by the Étang de Thau, a biodiverse saltwater lagoon famous for its delicious oysters. Venture out on tour or explore the gridded streets of the old port along the banks of the country-crossing Canal du Midi.



A Sète Walk

Port: Sète
Tour Code: SET/A
Duration: 2 ½ hours
Price: £50
Departure: AM



Description:

Sitting between the Mediterranean Sea and the Thau Lagoon is the port city of Sète. With a local guide explore along the main canal and embrace the local Mediterranean atmosphere. Visit the market, pass by the colourful stalls and taste some of the local delicious wine.

Excursion Notes: This excursion is all on foot, therefore guests should be able to walk for the duration of the excursion. Wear flat and comfortable shoes. Guests under the age of 18 cannot participate in the wine tasting.

Oyster Discovery

Port: Sète
Tour Code: SET/B
Duration: 4 ½ hours
Price: £150
Departure: AM



Description:

Begin with a scenic drive via the coastal road to Thau Lagoon, an ecological gem. The lagoon is home to lots of biodiversity and is also popular for oyster and mussel farming. Upon arrival, you'll embark on an adventure into the lagoon by boat, learning all about the farming of oysters and the tide system. Uncover the passion of these oyster farmers with visits to the farm and workshop and end with a tasting of oysters accompanied by white wine.

Excursion Notes: There is a moderate amount of walking on this excursion. Guests should wear flat and comfortable shoes.





Port: Cassis, France

Thursday 12th May 2022

This Mediterranean fishing port in southern France is famed for its winery-scattered landscapes and jaw-dropping coves. The harbour is filled with pastel-coloured buildings, quaint cafes and restaurants. It sits in the heart of Calanques National Park, the perfect place for exploring. With only 7 cruise calls per year, don't miss exploring this coastline.

Calanques National Park Hike

Port: Cassis

Tour Code: AIS/B

Duration: 4 hours

Price: £70

Departure: AM



Description:

Nestled along the Mediterranean coast, Cassis, a small fishing port sits in the middle of Calanques. Follow your guide, for a breath-taking exploration of the protected Natural Park of Calanques. Leaving the pier, head towards the peninsula on a path called 'walk of Little Prince'. Admire views of the pine forest, turquoise sea and white cliffs. Learn about the variety of vegetation, flora and fauna and then stop for a refreshment before your walk back to the bay of Cassis.

Excursion Notes: Please note this excursion is strenuous and requires a good level of fitness. This excursion is all on foot and guests will walk long distances over uneven and steep terrain. Guests should wear appropriate footwear, flat and comfortable.



Chateau Gassier & Wine Tasting

Port: Cassis

Tour Code: AIS/A

Duration: 4 ½ hours

Price: £80

Departure: AM



Description:

Discover the estate of Château Gassier, nestled in 40 hectares of vineyards at the foot of the Mount Sainte-Victoire and just a few kilometres from Aix-en-Provence. The vineyards today are managed by Georges Gassier, who represents the fifth winegrowing generation of the family. Over time, passion and hard work have helped the Château develop its exceptional potential for excellence. Learn how the estate decided to venture towards organic viticulture and enjoy a wine tasting on your visit.

Excursion Notes: Please note it is a 1 hour drive each way to the estate. This excursion involves approximately 1 hour of walking and some standing. Guests should wear flat and comfortable shoes. Guests must be over the age of 18 to participate in the wine tasting.





Port: Mahon, Spain

Saturday 14th May 2022

Is Menorca's small but charming capital and sits on the east coast of the island and has the largest natural harbour in the Mediterranean. The elegant architecture reflects the legacy of the British occupation in the 18th century. There is a myriad of stylish boutiques, café bars and restaurants to browse.

A Mahon Walk

Port: Mahon

Tour Code: MAH/F

Duration: 2 hours

Price: £30

Departure: AM



Description:

Explore the capital of Mahon on this walking excursion through the city's ancient streets and picturesque squares. Visit the old quarter and see the Arc de Sant Rock, the only remaining archway of the medieval walls. Pass the Santa Maria Church, the town hall, the Claustro del Carme Market and the 15th century Franciscan monastery. Before returning to the ship, admire Can Oliver, this palace is one of the most outstanding houses of the Mayan bourgeoisie of the 18th and 19th centuries.

Excursion Notes: This excursion is all on foot, guests should wear flat and comfortable footwear.



Charming Ciutadella

Port: Mahon

Tour Code: MAH/B

Duration: 4 hours

Price: £50

Departure: AM



Description:

On the far western end of Menorca lays the city of Ciutadella, the old capital of the island. Enjoy a guided walk as you meander through the narrow streets uncovering the old capitals secrets. See how its remote origins have left an important archaeological heritage in the area in the form of megaliths. After, on your journey back to Mahon, stop at Naveta des Tudons, the most remarkable megalithic chamber tomb on the island.

Excursion Notes: There is a moderate amount of walking and standing, up to 1 mile throughout the excursion. Guests will need to negotiate uneven ground, wear flat and comfortable shoes.





Personalised Destination Experiences

Experience the world at leisure on one of our Personalised Destination Experiences. These experiences are tailor-made to suit you. They allow you to customise your time ashore in the comfort of your own car or van and are great options for families and groups travelling together.

Visit Destination Services once on board to discuss and design your unique and personalised experience.

Please note all personalised destination experiences are 'from' prices and include a vehicle and driver. Your driver is not a qualified guide and English will not be their first language. These prices do not include any entrance fees or visits. Half days are usually 4 hours, full days are usually 8 hours. Please visit Destination Services on board to discuss and create your personalised destination experience.

Personalised Destination Experiences

| PORT | TOUR | PRICE |
|----------------|--|-----------|
| Palamos, Spain | HD Private Car & Driver (MAX 2 guests) | From £380 |
| Palamos, Spain | FD Private Car & Driver (MAX 2 guests) | From £700 |
| Palamos, Spain | HD Private Van & Driver (MAX 6 guests) | From £450 |
| Palamos, Spain | FD Private Van & Driver (MAX 6 guests) | From £850 |
| Sete, France | HD Private Car & Driver (MAX 2 guests) | From £450 |
| Sete, France | FD Private Car & Driver (MAX 2 guests) | From £800 |
| Sete, France | HD Private Van & Driver (MAX 6 guests) | From £500 |
| Sete, France | FD Private Van & Driver (MAX 6 guests) | From £950 |
| Cassis, France | HD Private Car & Driver (MAX 2 guests) | From £450 |
| Cassis, France | FD Private Car & Driver (MAX 2 guests) | From £780 |
| Cassis, France | HD Private Van & Driver (MAX 6 guests) | From £500 |
| Cassis, France | FD Private Van & Driver (MAX 6 guests) | From £850 |
| Mahon, Spain | HD Private Car & Driver (MAX 2 guests) | From £380 |
| Mahon, Spain | FD Private Car & Driver (MAX 2 guests) | From £720 |
| Mahon, Spain | HD Private Van & Driver (MAX 6 guests) | From £450 |
| Mahon, Spain | FD Private Van & Driver (MAX 6 guests) | From £825 |

Terms & Conditions

WHAT'S INCLUDED

We have appointed the best local shore excursion agents and it is worth noting that the standards of transport vary considerably throughout the world, but our shore excursion agents provide us with the best available vehicles they have access to. The infrastructure varies considerably from country to country and sometimes coach standards may not match up to those at home.

Where organised excursions incorporate visits to museums, archaeological sites for example, the entrance fees are included in the cost of the excursions. Please note these visits can vary from guided to self-guided and time at leisure. On some excursions, where mentioned, refreshments or lunches may be included.

Where a set menu is stated in the excursion you will be asked in advance to confirm special dietary requirements with the team at Destination Services on board. It is important you do this as soon as possible and every effort will be made to fulfil these requirements.

LOCAL CURRENCY AND TIPPING ASHORE

You may like to take some local currency ashore for refreshments, public toilets and for souvenirs for instance. Local currencies are often available in the cruise terminals or at ATMs on shore. If you plan to use ATMs, please confirm with your bank before departure that your bank card and PIN will work abroad.

Although in some areas tipping is not customary you may still like to carry some local currency to show your appreciation when good service has been received, for example from your coach driver or local guide.

SHUTTLE BUSES

In ports where a shuttle bus is necessary our local agent will provide this service and it will be free of charge. The details of which will be provided by the on-board team at Destination Services and advertised within your daily programme.

DISEMBARKATION AND TIMINGS OF EXCURSIONS

All departure times and meeting points will be advised in the ship's daily programme and exact excursion departure times will be on your ticket. Some countries require you to carry certain documentation ashore and this is advised at the appropriate time. Once the ship has received clearance from the local authorities, you will be advised that you are able to disembark. Guests taking shore excursions will be escorted to their coaches or other modes of transport. Guests going ashore independently are free to disembark in their own time although we would respectfully ask them to allow excursion participants to disembark first, thus allowing them to maximise the excursion time in each port. In ports where our local shore excursion agents are able to offer both morning and afternoon excursions this will be clearly marked on the appropriate pages within this booklet or advertised once on board. Please keep in mind that departure times are subject to change. Time for lunch is scheduled but be aware if you are selecting two half day excursions that the time may be quite limited, especially if encountering a delay from return of a morning excursion.

ALL ABOARD

Excursions are scheduled by our local shore excursion agents taking all aboard timings into consideration.

DRESS AND FOOTWEAR

A comfortable pair of shoes is essential for sightseeing and a hat and sunscreen are also recommended. The climate in some countries can be unpredictable and we suggest layered clothing so you can add or remove as necessary. A waterproof coat and shoes are essential in the event of inclement weather. On excursions where entry to religious sites is included, we ask that you dress modestly. A simple code is to cover from shoulders to knees. Please be mindful that men in shorts and ladies in short skirts or shorts may not be allowed entry to some sites. For any excursions that involve swimming or a beach transfer, please bring a bathing costume. Pool towels will be provided by the ship. Further advice is given on board please check your daily programme of events.

FACILITIES

Wherever possible bathroom stops have been incorporated into the excursion itineraries and the best possible facilities available are suggested by our local shore excursion agents. Please be advised that standards may not always come up to those we are used to at home and in some countries, it is usual to make a nominal charge. Due to their size, some boats used by our local agents for excursions do not have provision for a toilet.

FITNESS

To assist you in selecting excursions appropriate to your physical limitations, we have indicated the amount of walking during certain excursions. Please bear in mind that all excursions with a site or museum visit will, by necessity, involve some walking and it may be necessary to walk a distance to and from the ship to the departure point for coaches/boat excursions. Information in the footnotes will reflect this. Please check with the

team at Destination Services on board if you have any concerns.

Regrettably, guests with limited mobility are unable to join the shore excursions unless able to board a standard coach unaided and are comfortable with the amount of walking stated.

LOST PROPERTY

Any property lost during an excursion must be reported to either Destination Services or Reception on board. Every effort will be made to trace the item; however, should this not be possible a report will be made noting the loss. Any claim arising from such losses should be directed to your insurer.

MEAL TIMES ON BOARD

When the ship is in port, meal times may be adjusted to suit the shore excursion timings and this will be advised as necessary on board.

PHOTOGRAPHY

In some venues the use of cameras, flash photography or video cameras is prohibited, or a charge may be levied. Wherever possible, details will be given in the port information on board and by your local guide. It is polite to ask someone before taking their picture and you should refrain from taking photographs of officials in uniform.

SHOPPING

Where possible and when indicated, time for shopping has been allowed within the framework of some of the excursions. We must point out however, these excursions are primarily designed by the local shore excursion agent for the highlights in each port and such free time is generally limited. Shopping opportunities may be further limited if the day of our call falls on a Sunday or a local public

Terms & Conditions

holiday. Please familiarise yourself with Customs Regulations which may stipulate for instance that it is illegal to bring items such as animal furs and skins back into the country.

SMOKING

Smoking is not permitted on excursion coaches.

BOOKING DEADLINE

Please visit the team at Destination Services and they will be delighted to discuss availability and the deadline for the booking of individual excursions and more information on all the ports of call will be advised in the daily programme.

Destination Services hold regular explore ashore talks to give you an insight into each of the ports you will be visiting. We advise you to book your shore excursions as soon as possible when Destination Services opens, complete a simple Booking Form and a Drop Box is provided for use 24 hours a day. Deadline for making a booking is generally 48 hours prior to the date of the individual excursion. After this deadline bookings can only be accepted if there are places available and the team at Destination Services will be happy to advise.

ONBOARD CANCELLATION

Excursions may be cancelled in advance at Destination Services on board up to and including 48 hours' notice and a full refund will be offered. Any excursions cancelled after the 48 hours' notice period will unfortunately not be entitled to a refund. If special events and entrance fees are included in the excursion price and where it is necessary to pay in advance for these events or special services, no refund will be offered and full charges will be made at time of cancellation to cover our costs. In such circumstances

beyond our control for example inclement weather conditions and a cancellation or change of port a full refund will be offered or the opportunity to book an alternative excursion in the new port.

MINIMUM NUMBERS

All excursions operated by our local agents are subject to a minimum number of guests. When an excursion is cancelled due to lack of support a refund will be made to your on-board account.

EXCURSION WAITLISTS

Some shore excursions operated by our local shore excursion agents have limited places. If at the time we receive your booking our local shore excursion agent is not able to accommodate you on any selected excursions, you will be placed on a waitlist and we will endeavour to secure additional places and if our local shore excursion agent is able to accommodate your booking, the tickets will be in your cabin when you embark the ship. Should the local shore excursion agent be unable to accommodate your booking by the time you embark the ship, Destination Services will contact you to discuss alternative excursions that may be of interest to you. Any refund/s due will be posted as a credit to your on-board account.

EXCURSION ITINERARIES

Information is correct at time of going to print. It is possible that due to local conditions on arrival in port, it may be necessary to slightly alter excursion itineraries. The company reserves the right to alter excursion itineraries provided by their local shore excursion agent's or cancel excursions at their discretion. At the discretion of our local shore excursion agent's places of interest might be visited in a different order than that shown in the excursion description.

Occasionally, due to local conditions on the day, places may have to be omitted although whenever possible an alternative visit will be arranged by the local shore excursion agent following liaison with Destination Services on board.

FOREIGN, COMMONWEALTH AND DEVELOPMENT OFFICE ADVICE

Guest safety is of paramount importance, and we follow advice outlined by the Foreign Commonwealth Office, therefore please note that the advertised programme may be changed accordingly.

COVID REGULATIONS

In order to align with up to date COVID regulations and to ensure the safety of our guests and communities: timings, content and capacities will be adjusted as needed. Many venues may have last minute closures and some inclusions, venues, or destinations may be removed or replaced, subject to their availability and local regulations. Should any excursions be cancelled once you have booked, you will be fully refunded for the cost of your excursion.

CONDUCT

If by your conduct you prejudice the enjoyment of an excursion for others, we reserve the right to exclude you from that or any future excursions and to recover compensation from you. No refund of the excursion cost will be available in these circumstances.

OUR PRICING STRUCTURE

All prices are based on operating costs, tariffs and rates of exchange at the time of printing and are

subject to change without notice. The excursions in this guide are operated under the management of responsible and very experienced local shore excursion agents, who we have carefully appointed based on their reputation and competency to ensure we offer comfortable, safe and convenient surroundings.

The information in this booklet represents the plans and intentions of our Company at the time of going to print. Events subsequent to going to print may cause us unavoidably to change our plans, which could affect the published itineraries. Every effort has been made in conjunction with our local shore excursion agents to ensure the accuracy of the information contained within this shore excursion guide; no responsibility can be accepted by our Company for omissions or errors.



TRADEWIND
VOYAGES

tradewindvoyages.com/shore-excursions